



28th October 2021

PSHE – Protective Behaviours – Year 1

Dear Parent/Carer,

As part of the PSHE and the mandatory 'Relationships' curriculum keeping children safe is key. To ensure that children have a voice and the right words to use, over the next few weeks, we will be teaching them how to keep safe using 'Protective Behaviours'.

In Year 1, this will cover –

1. Feelings
We will teach them about their different feelings, their right to express their feelings and feel safe.
2. Unsafe feelings and our 'Bodies Early Warning System'.
We will make children aware of the feelings they have when they are scared or worried and how their body reacts when they feel unsafe.
3. Body Privacy and Secrets.
We discuss with the children their bodies, how they belong to them, that they are private and that if anyone touches them in a way they don't like, they will ask someone to stop and tell an adult.
4. Telling and Safety Networks.
5. We discuss with the children which adults they can talk to if they feel unsafe or need help.

We wanted to make you aware that during the 'Body Privacy' lesson, we will teach children the right words to describe the private parts of their bodies. This vocabulary will be penis and anus to describe boys' private parts and vulva, anus and breasts to describe girls' private parts.

We hope that you will be able to discuss with your child at home what they have been learning about at school.

If you have any further questions, please contact your child's class teacher.

Yours sincerely

Mrs J Andrews
Headteacher