

P.E. RULES

Start of the lesson:

- Get changed quickly and silently
- When told to, walk from your classroom in a straight line, silently to your PE lesson

During the lesson:

- Follow instructions, so that you are not a risk to yourself or others.
- No talking when the teacher is talking.
- Hands up, no calling out.
- Hands and feet to yourself.
- Try your best and allow others to do so.
- Support and encourage your class mates during performance.
- Respect the schools' equipment.

End of the lesson:

- Walk to your classroom silently in a straight line.
- Get changed quickly and silently.