

## EYFS

### Outdoor

This autumn term children in EYFS stage have been developing their fundamental skills and spatial awareness. They have played lots of different games within a defined area which has taught them how to move around safely and confidently. Pupils have also begun to practice a wide variety of skills and explored using different pieces of equipment. Some of the skills they have been practising include rolling, throwing, catching, jumping, striking, kicking and moving with a ball. Pupils have worked independently, with our partner and in small groups to develop both their independent learning and teamwork. They are also beginning to develop an understanding of why it's good to be active and how their bodies change during physical activity.

## KS1

### Outdoor

During the autumn term pupils in Key Stage 1 have continued to develop the fundamental movement skills they have been taught previously. We have used some new equipment to begin looking at the importance of SAQ (Speed, Agility and Quickness), such as mini hurdles, ladders and other obstacles. Personal challenges have been set and new skills introduced to ensure that all children are making progress. As well as playing lots of games to develop the consistency of their movements, pupils have also practised lots of different ball skills, including moving with a ball, dribbling, bouncing, throwing and catching, sending and receiving, and kicking. Children have started to use these skills in small sided team games such as 'Hoop Ball' and 'Time Out Dodgeball' to develop their ability to play as part of a team.



## KS2

### Outdoor

Pupils in year 3/4 began the year by looking at the importance of teamwork and were set a wide variety of team building challenges. The majority of the tasks required the pupils to work in small groups to problem solve in order to be successful. Pupils were encouraged to take on different roles within the group and to be good leaders and effective communicators. Some of the orienteering tasks required the pupils to read maps to navigate themselves safely around the school site to get to certain locations.

In the second part of the term we have been looking at more challenging team games, adapting and following the rules and using a scoring system. They have practised the skills required in order for their team to maintain possession of a ball when in attack, and how to defend in order to prevent the other team from scoring. We have used a variety of modified games and sports such as hoop ball, quicksticks hockey and football to practice and develop skills like passing, dribbling and shooting. Pupils have begun to think about the tactics and strategies they can use within these games to cause problems for the opposition.



In year 5/6 pupils have also been set a variety of problem solving challenges in small teams. They have been asked to plan routes and orientate maps, respond positively to increasing challenges and listen to feedback in order to evaluate their role. The pupils have all been given the opportunity to lead warm up and group tasks to develop their leadership qualities. Pupils have looked at warm ups in more depth and have suggested their own ideas for warm up activities.

Since then have been taking part in some more challenging team games such as netball and dodgeball. Pupils have increasingly looked at the tactical aspects of these games, learning rules and positions and thinking about which are most effective in attacking and defensive situations.

