



**Key Stage 1: This term children have been developing their fundamental movement skills through multi skill games and activities. This has included; basic movements and spatial**

awareness – tag, chasing, dodging and gathering games, Movement with a ball – control using different parts of the body or an object, and sending and receiving skills – rolling, throwing, catching, aiming and striking.



**Key Stage 2: Years 3/4 have just completed a unit of outdoor and adventurous activities. In this unit children are set a variety of different challenges that require them to work effectively as part of a team. They are set both physical and problem solving challenges that encourages them to think creatively and develops resilience. They have also followed maps and trails and learnt to safely explore their surroundings.**



**Year 5/6 have also just completed a similar unit of outdoor adventurous activities and leadership. In the unit children have taken part in challenges that required them to cooperate effectively as part of a team. They were set both physical and problem solving challenges that encouraged them to think creatively and developed their resilience. In order to be successful they had to adopt different roles and learn how to delegate. They also learnt how to read maps and to navigate themselves to different locations.**